



# Newsletter

of the  
International Tai Chi Chuan Symposium  
on Health, Education and Cultural Exchange

Issue 4 February 2009

## Message from the Symposium President

Appearing together for the first time in the United States the five Grandmasters of Traditional Tai Chi Chuan unified as one family will participate in an International Symposium at Vanderbilt University in Nashville Tennessee. Joining the Grandmasters will be some of this country's foremost experts in Tai Chi research. During the Symposium we will also celebrate the 10th anniversary of the International Yang Family Tai Chi Chuan Association and its role in promoting Traditional Yang Style Tai Chi Chuan throughout the world.

I would like to extend a special invitation to you, your colleagues, associates and students to attend this historic event. It is designed to foster a sense of global community through enhanced networking experience with contemporary Tai Chi teachers, other Tai Chi practitioners, and Tai Chi researchers. It is our hope that this Symposium will provide you an opportunity to learn about and experience the full benefits and best practices of Tai Chi Chuan.

We welcome all styles of Tai Chi Chuan and encourage you to participate in this unique opportunity.

Please join us for this spectacular event and special celebration as we come together as one family in Tai Chi Chuan.

*Yang Jun,*

President  
International Tai Chi Chuan Symposium, LLC.

President  
International Yang Family Tai Chi Chuan  
Association

## SYMPOSIUM THEME

**TRADITIONAL TAI CHI CHUAN**  
*A VIEW THROUGH THE LENS OF SCIENCE*

## LOCATION

Vanderbilt University  
Nashville, Tennessee  
July 5-10, 2009

## SPONSORED BY

**The International Yang Family  
Tai Chi Chuan Association**  
In celebration of their 10<sup>th</sup> Anniversary

## SYMPOSIUM COST

**PassKey** (Complete Symposium) \$740

**Daily Pass** per day charge \$160  
(Includes all daily activities)

### A la carte choices

#### Sunday, 5 July

Morning Pre-Symposium Workshop 1 \$60

Afternoon Pre-Symposium Workshop 2 \$60

		<b>Adult</b>	<b>Child</b>
Evening	Grand Opening and Reception	\$60	\$30

**Monday evening:** Welcome Banquet and 10<sup>th</sup> Anniversary Celebration \$35 \$17.50

**Thursday evening:** Grand Showcase, Masters Demonstrations, and Cultural Exchange \$32 \$16

**Friday evening:** Friendship Party \$15 \$7.50



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## VANDERBILT LODGING AND MEALS (Optional)

### Lodging at a Vanderbilt Residence Hall

Single: \$33 per person Double: \$25 per person

Service options available (see Registration Information at the end of this newsletter for details)

### Meals at Vanderbilt Dining Facility

Meal Plan - \$28.75 per day

*Vanderbilt policy requires anyone staying in a Vanderbilt Residence Hall to purchase the meal plan.*

## DISCOUNTS

We offer several categories of discounts to help fit your budget and give you great value.

**Only one type of discount is allowed.**

**Early Bird Discounts** - Early registration saves you money. This time sensitive discount can save you up to 20% percent off the registration cost.

**Family Discount** - Each family member may deduct ten percent (10%).

**School/Group Discount** - We encourage students from a school or other groups to register together to save money. Payment for this discount must be made by a School business check or a single money order. Group discounts apply in groupings of 3-5, 6-8 and 9 or more people.

**See the Registration Information at the end of this newsletter for details and deadlines on available discounts.**

## SCHEDULE OVERVIEW

Symposium dates: 5 - 10 July 2009

### SPECIAL EVENTS SCHEDULE

**Saturday, July 4:** *July 4th in Nashville ROCKS!* National U.S.A. Independence Day Celebration. Nashville's Fourth of July patriotic celebration and firework display are rated third in the U.S. (wow). Bring the family and enjoy all-day-and-evening holiday fun! No Symposium activities scheduled.

**Sunday, July 5:** Opening Day: Symposium Registration and check-in, Pre-symposium workshops and orientation activities, Grand Opening Sessions, Welcome Reception, Silk Road Trade Show.

**Monday, July 6:** Welcome Banquet and International Yang Family Tai Chi Chuan Association's 10th Anniversary Celebration.

**Tuesday, July 7:** Open Forum, a lively and interactive group discussion on Tai Chi research by all Grandmasters, Scientific Researchers, Academic Experts; questions posed by Symposium participants.

**Wednesday, July 8:** Round Table Forum, a second opportunity to interact with the Grandmasters, Scientific Researchers and Academic Experts.

**Thursday, July 9:** Grand Showcase and Masters Demonstrations. Extraordinary performances by the Grandmasters and lineage holders of Tai Chi Chuan, traditional Chinese music, American Country and Western music, Chinese children's dance, more, more, more....

**Friday, July 10:** Closing ceremonies, Friendship Party.

**All Week:** "Silk Road," the Symposium's trade show, featuring vendors of interesting cultural merchandise, music, DVDs, books, instructional materials and study aids, memorabilia and treasures of all kinds.

### DAILY OVERVIEW

#### Sunday July 5

**8:00 a.m.-9:00 p.m.** Symposium's Registration, Reception and Information Central is open all day.

**7:00 a.m.-9:00 a.m.** Breakfast in The Commons Dining Hall

**10:00 a.m.-12:00 p.m.** Pre-symposium workshop (to be announced)



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## Symposium Registration Now Available

Registration by mail and fax is now available. *On-line registration will begin early the week of 16 February.*

To register today, print the registration form at the end of this newsletter or download a registration form from the website, then mail or fax the completed form to:

International Tai Chi Chuan Symposium, LLC  
73 White Bridge Rd. — Suite. 103-335  
Nashville, TN 37205 USA  
Fax: 502-863-3484

Deadline for mail and fax registration is June 22. Deadline for the lodging and meal plan is June 15. You will receive email confirmation of registration within 7 days of receipt of your Symposium registration.

On-site registration at the Vanderbilt Commons Center will be available for all Symposium activities (Symposium, Lodging, Meals, Pre-symposium workshops and Vendors) beginning 3 July. If you are arriving prior to 3 July and need to register for or check-into the Vanderbilt Residence Hall, please give us advance notice by email at [registration@taichisymposium.com](mailto:registration@taichisymposium.com) or call 615-618-8096.

Note: Pre-symposium workshops, lodging and meals are not included in the Symposium fees and must be purchased separately. Advance registration entitles you to discounts as noted in the discounts section of the registration form.

Symposium's On-site Registration, Reception and Information Central will be located at:

The Commons Center  
Vanderbilt University  
230 Appleton Place, Nashville, TN 37203

Hours of operation can be found on the schedule.

For questions regarding registration call 615-618-8096 or e-mail: [registration@taichisymposium.com](mailto:registration@taichisymposium.com)

### Sunday July 5 (continued)

**11:00 p.m.-1:00 p.m.** Lunch in The Commons Dining Hall

**2:00-4:00 p.m.** Pre-symposium workshop (to be announced)

**5:00-6:15 p.m.** Dinner in The Commons Dining Hall

**5:00-9:30 p.m.** Reception/Grand Opening

**6:00-9:30 p.m.** **Grand Opening:** Welcome Notes, Spotlight Sessions: Introductions of Grandmasters, Science Experts, Academic Presenters, Sponsors, Special Guests

### Daily Schedule, Monday through Friday

**Highlights** Keynote address, morning and afternoon tai chi chuan workshops, medical and science lectures and academic presentations, Silk Road Trade Show, Evening Special Events

**Registration** Monday: 6:00 a.m. – 9:00 p.m.  
Tuesday-Thursday 8:00 a.m. – 6:30 p.m.

**6:15-7:00 a.m.** Morning Sunrise Practice on the Esplanade. One morning with the Grandmasters at Nashville's "Parthenon" park (photo ops)!

**7:00-8:15 a.m.** Breakfast, The Commons Dining Hall

**8:45-9:45 a.m.** Keynote Address: Grandmaster of Tai Chi Chuan, Auditorium

**9:45-10:15 a.m.** Break

**10:15-11:45 a.m.** Tai Chi Chuan Workshops, by two Grandmasters of Tai Chi Chuan, Gymnasiums

**11:45 a.m.-1:15 p.m.** Lunch, The Commons Dining Hall

**1:30-3:00 p.m.** Lectures and Presentations by Medical and Science Researchers and Academic Experts

**3:00-3:30 p.m.** Break

**3:30-5:00 p.m.** Tai Chi Chuan Workshops, by two Grandmasters of Tai Chi Chuan, Gymnasiums

**5:00-6:15 p.m.** Dinner, The Commons Dining Hall

**7:30** Special Event of the Evening

*Please note: This Schedule is subject to change as we progress in our preparations for this event, We will continue to update the Symposium schedule on our website as information on the Grandmasters keynote address and workshop schedules as well as our academic speakers and presentation topics become more defined.*

## Master Ma Hailong

By Dave Barrett  
Translated by Yang Jun

*In the past we said,  
"Exercise your body to improve  
your spirit".*

*This is a Confucian principle.  
This is an important element of our  
philosophy: body, mind and spirit, heart,  
your thought process, all can be improved by  
daily practice.*

Master Ma Hailong was born in 1935 into one of China's most distinguished martial arts families. His great-grandfather, Wu Quanyou (1834-1902), was an officer of the Imperial Guards Brigade in the Forbidden City. At this time, Yang Luchan (1799-1872) was a martial arts instructor in the Yellow Banner camp and for many years Wu Quanyou studied with Yang Luchan and his eldest son, Yang Banhou. Due to the protocols of the day, he could not be accepted as a direct disciple of Yang Luchan as Master Yang had aristocratic students and a military officer could not be in the same class as these more august individuals. However, Wu Quanyou's training was with Yang Luchan directly and over the decades of his study he became renowned for his skills in interpreting and neutralizing an opponent's energy.

Master Ma's grandfather, Wu Jianquan (1870-1942), was a cavalry officer who subsequently taught Taijiquan and developed from his father's art what is now the Wu Style. Utilizing the "small frame" his father had learned from Yang Luchan, he made important modifications utilizing narrower circles and the distinctive foot work and body positions now seen in Wu Style Taijiquan. In 1914 along with his colleagues Yang Shaohou, Yang Chengfu and Sun Lutang, he began teaching publicly at the Beijing Physical Culture Research

Institute. As he taught the general public he continued to make modifications to his style, refining the more overt martial techniques in much the same way that Yang Style has, making the motions slower and smoother for a wider appeal. In 1928, Wu Jianquan moved to Shanghai and formed the Jianquan Taijiquan Association in 1935.

Master Ma's father, Ma Yueliang (1901-1998), began studying with Wu Jianquan at the age of 18. In 1930 he married Master Wu's daughter, Wu Yinghua (1906-1996), and served as deputy director of the Shanghai Association.

From the age of 6, Master Ma began learning Taijiquan in this especially rich environment. Both his parents were accomplished teachers and his uncles had studied intensively with his grandfather. He remains dedicated to this day to sharing his family's traditions.

The war years with Japan and the subsequent Revolution were not kind to Master Ma's family. One of his uncles languished in prison for 30 years. The Shanghai Jianquan Taijiquan Association went underground during the Japanese occupation as the Japanese banned any martial arts activities. Master Ma's eldest uncle, Wu Kungi, moved to Hong Kong and established a new headquarters for the Association which has flourished internationally and is now headed by his nephew, Eddie Wu. Master Ma's family had to continue to practice underground during the Cultural Revolution and after 30 years in the shadows, the Shanghai Jianquan Taijiquan Association re-opened in 1978. During a brief visit with Master Ma last summer in Taiyuan I had a chance to ask him about this:

**DB:** For how many years did your family have to practice underground?

**MH:** From 1948, the Shanghai Wu Style Association was closed until 1978.

**DB:** During those 30 years were people still practicing Wu style?





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**MH:** Because Wu style Taijiquan had a very good foundation in the Shanghai area even though our Association was closed, many people still practiced.

**DB:** So when the Association reopened in 1978, this must have been a very happy day for your father and mother. From that point the rest of the world began to learn about your father Ma Yueliang and he began to travel.

**MH:** My father went to Europe with my mother and began to teach internationally.

**DB:** So now the Shanghai Association is going strong?

**MH:** From my point of view, I feel we could be stronger. One of the difficulties in Shanghai is that not very many young people are joining our practice. Most of our members are middle-aged and older. If we don't have young people studying this is a problem. I am putting more energy into developing younger people and drawing them into our practice.

**DB:** Are young people in China today so busy: focused on career, on gaining wealth, is this why they are not interested?

**MH:** This is one reason, secondly many new sports have recently become popular in China especially basketball, tennis and soccer. Another reason is that our traditional practice takes a long, long time to develop. It's not like one or two days of practice or a few months, or even one or two years of practice to get a good result. This makes it difficult to attract young people.

**DB:** My feeling is that Tai Chi practice gives one a certain amount of peace, contentment, and happiness that other sports do not. This is a special

quality. All over the world there is the same problem with young people, so many choices and distractions. Once they can taste this peace through practice, this may draw them in to study Tai Chi.



**MH:** What you say is excellent and I agree with your point. We are starting to emphasize this in our outreach activities to young people.

**DB:** I've read that your father, Ma Yueliang's special skill was central equilibrium and his ability to neutralize incoming force. Can you describe how Wu style developed this skill?

**MH:** The ability to neutralize energy developed because early on the founders of Tai Chi realized that there was something missing from other styles of Chinese martial arts. They also combined Chinese philosophy with their techniques. For example, neutralizing incoming force does not just depend on using your own strength; it utilizes the opponent's energy to strike back.

**DB:** So how do we do this? By rotating the central axis of the body?

**MH:** Basically you need to find the point of balance in your opponent and make it easier for them to lose their center.

**DB:** Many say that it was very difficult to find your father's center.

**MH:** His skill at Push Hands was extraordinary. Most opponents could not find his center. This technique comes from long practice. My father and uncles and members of their generation practiced

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all the time. My brother, Ma Jiangbao, lives in the Netherlands and his technique is pretty good, almost like my father's. He has some students who are quite skilled as well. So from daily, daily practice they begin to acquire this skill.

**DB:** This ability goes back to Wu Quanyou and his development of yielding skills and can we consider this a special quality of Wu style Tai Chi Chuan?

**MH:** For Wu style, neutralizing ability is one standard aspect of our practice. Another key to our practice is that it must be quiet, calm and tranquil. If you cannot enter into tranquility during practice, you cannot develop your skills very well. In our Wu Style, we have 5 concepts that guide our practice: 1<sup>st</sup> is calm, 2<sup>nd</sup> is slow, 3<sup>rd</sup> is lightness, 4<sup>th</sup> is serious practice, and the 5<sup>th</sup> is non-stop study. You must practice every day!!

**DB:** Many international students practice maybe once or twice a week, perhaps only during class time, and take the rest of the week off. So what can you say to these friends to encourage them to practice every day?

**MH:** In practicing Tai Chi, I feel it is best to practice every day for a sufficient period of time, for example, every day for an hour of practice. It doesn't matter morning or evening, that's OK, but you should do it every day. So we have a concept in Tai Chi that describes conserving or storing vital energy. It's like you are saving money in a bank! By practicing every day you are gathering and storing this energy constantly. If you practice one day and stop for two days you won't improve. My father and uncles practiced 5 hours a day. Every day they would arise before dawn at 5am to begin practice, until 8am and then practice in the evening as well. It is a special aspect of Tai Chi study that you cannot learn in one day; it is a very gradual process.



**DB:** What draws the student onwards, to practice more intensively? My personal feeling is that my practice brings me relaxation, peace and happiness. Is this a correct focus for our development of serious practice?

**MH:** In the past we said, "Exercise your body to improve your spirit". This is a Confucian principle. This is an important element of our philosophy: body, mind and spirit, heart, your thought process, all can be improved by daily practice. More importantly, you are not just practicing to improve yourself; your practice affects others as well. You develop a sense of equanimity. Through your exercise this has a positive affect on society. One Confucian saying was, "good people also love other people". Another aspect of this philosophy is that you should focus on taking care of your family. Thirdly, use your energy to help society.

**DB:** My personal experience is that Tai Chi practice has a very positive affect on the personal, familial and social spheres of the student.

**MH:** Practicing Tai Chi Chuan has this ultimate result: not only is it good for your personal health, it affects others as well. So that when you practice, not only focus on your personal development, but also take care for other people. This is very important.

**DB:** Let me thank you for these special insights. Many of our international group here in China talked to me about you by saying, "Oh, Master Ma Hailong, he seems so happy. He seems like a very nice man." After having talked with you, I can understand more about how you personally have this special quality. It comes from your attention to everyday practice. Thank you so very much.

**MH:** After I return to Shanghai I'll send you some more research materials to continue your study.



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## Silk Road Trade Show

Interested in displaying and selling your products? The "Silk Road," our Symposium's trade Show, will offer vendors the opportunity to bring interesting cultural merchandise, music, DVDs, books, instructional materials and study aids, memorabilia and treasures of all kinds to the Symposium.

In March, the Symposium will begin accepting applications from vendors to display at the Silk Road Trade Show. Please join us at this premier event and reach hundreds of people interested in your products.

Details will be available on the Symposium web site beginning March 24<sup>th</sup>.

For more information and questions contact [silkroad@taichisymposium.com](mailto:silkroad@taichisymposium.com)

## Music City July 4th

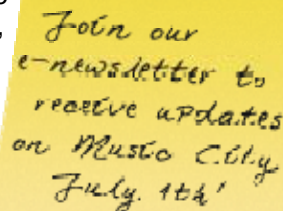
If there's one thing Nashville knows how to do, it's throw a party. On Friday, July 4th head down to Riverfront Park for a day filled with summer fun. Check out the Kroger & Coca-Cola FREE Family Fun Zone with inflatables and more fun for every member of the family. The NowPlayingNashville.com First Stage will feature music beginning at 3pm with The WannaBeatles, Les Kerr & the Bayou Band and The Lost Trailers. The Official Ferguson Bath, Kitchen & Lighting Gallery Main Stage concert will kick off at 7pm with barbershop quartet Max Q performing the National Anthem. Barry Scott, the Nashville Symphony Orchestra, Phil Vassar and Michael McDonald will continue through the night for the city that music calls home. Stay for our grand finale including an incredible fireworks display synchronized with a performance by our very own Nashville Symphony Orchestra.

<http://www.musiccityjuly4th.com/>

## Request E-News

Get the latest special offers & announcements on upcoming events! Music City's "Harmony" E-Newsletter is sent monthly to our email subscribers. From time to time, we send exclusive promotions and great deals to our newsletter friends so sign up now!

<http://www.visitmusiccity.com/visitors/RequestENews>



Join our  
e-newsletter to  
receive updates  
on Music City  
July 4th!

## REGISTRATION INFORMATION

Deadline for on-line, mail, and fax registration is June 22. Deadline for lodging and meal plan is June 15. Note: Symposium fees do not include lodging or meals. Advance registration entitles you to discounts as noted below. On-site registration at the Vanderbilt Commons Center will be available for all Symposium activities beginning 3 July.

### **PassKey \$740**

This comprehensive package begins Sunday night and includes Sunday evening Grand Opening and Reception, all daily activities Monday through Friday: morning practice on the lawn, Keynote Speeches, morning and afternoon workshops with the Grandmasters, Medical/Science/Academic presentations, Monday's Welcome Banquet and 10th Anniversary Celebration, Tuesday's Open Forum, Wednesday's Round Table, Thursday's Grand Showcase and Masters Demonstrations, Friday's Closing Ceremonies and Friendship Party, Networking Station, Silk Road Trade Show, numerous opportunities for meeting old friends and making new ones, and the best of tai chi fellowship all the time.

### **Daily Pass**

Includes activities and events listed in the Symposium Schedule for that day and evening, plus the Silk Road Trade Show, and all the opportunities for friendship and exchange.

#### **Monday \$160**

Includes morning practice on the lawn, morning Keynote Speech, morning and afternoon workshops with the Grandmasters, Medical/Science/Academic presentations, Welcome Banquet and 10<sup>th</sup> Anniversary Celebration

#### **Tuesday \$160**

Includes morning practice on the lawn, morning Keynote Speech, morning and afternoon workshops with the Grandmasters, Medical/Science/Academic presentations, Open Forum

#### **Wednesday \$160**

Includes morning practice on the lawn, morning Keynote Speech, morning and afternoon workshops with the Grandmasters, Medical/Science/Academic presentations, Round Table Forum

#### **Thursday \$160**

Includes morning practice on the lawn, morning Keynote Speech, morning and afternoon workshops with the Grandmasters, Medical/Science/Academic presentations, Networking Station, Grand Showcase and Masters Demonstrations

#### **Friday \$160**

Includes morning practice on the lawn, morning Keynote Speech, morning and afternoon workshops with the Grandmasters, Medical/Science/Academic presentations, Closing Ceremonies, Friendship Party

### **Separate Tickets**

#### **Sunday**

Morning	Pre-Symposium Workshop 1	\$60	
Afternoon	Pre-Symposium Workshop 2	\$60	
		<b>Adult</b>	<b>Child</b>
Evening	Grand Opening and Reception	\$60	\$30

**Monday evening:** Welcome Banquet and International Yang Family Tai Chi Chuan Association's 10<sup>th</sup> Anniversary Celebration \$35 \$17.50

**Thursday evening:** Grand Showcase, Masters Demonstrations, and Cultural Exchange \$32 \$16

**Friday evening:** Friendship Party \$15 \$7.50

## DISCOUNTS

We offer several categories of discounts to help fit your budget and give you great value. *Only one type of discount is allowed.* Be sure to submit your registration form with payment in full by the noted deadlines. Late registrations, late payments or partial payments are not eligible for discounts.

### **Early Bird Discounts**

Early registration saves you money. On-line or mailed-in by the dates below.

Submitted or Postmarked by 15 March: 20% discount

Submitted or Postmarked by 15 April: 10% discount

Submitted or Postmarked by 15 May: 5% discount

### **Family Discount**

We encourage you to bring your family and enjoy the Symposium and the area's attractions. For this Discount, a "family" is defined as two or more people in the same financial household. Each family member may deduct ten percent.



### **School/Group Discount**

We encourage students from a school or other groups to register together to save money. To receive this helpful discount, identify your group when you register on-line, or mail in registration forms for all members of the group. Payment for the group must be made by a School business check or a single money order. *Sorry, no credit cards for this type of discount.*  
*Deadline June 1.*

Three – five people: 10%

Six – eight people: 15%

Nine or more: 20%

### **LODGING: UNIVERSITY RESIDENCE HALL**

Vanderbilt University has reserved on-campus space for Symposium participants in the residence halls. These are located in The Commons area of the campus, next to the dining hall and near the facilities for lectures and workshops. Participants may also stay on-campus before and after the Symposium at the same rates. Vanderbilt lodging and meals are managed and accounted for separately and apart from the Symposium. A fee of \$10 will be assessed to each applicant to cover the cost of administering the lodging and meals program.

#### **Room rates**

Double Room Rate - \$25 per person per night

Single Room Rate - \$33 per person per night

**Children** through ages 12 may stay in a room with a parent at no extra charge; extra bed is NOT provided.

#### **Service options include**

Linens: \$4 per night (pillow, pillowcase, bed cover, sheet set, bath towel, and wash cloth). **You may bring your own.** Towel Exchange: \$2.50 per person, per day

Deluxe Room Service (staff makes beds, pulls trash, receive a fresh bath towel daily): \$8 per person per day

Pre-arrival service (bed made prior to your arrival): a one time fee of \$10 per bed.

#### **Lodging Preferences**

Roommate: You may list your roommate on the registration form (your designated roommate must also list you as their roommate) or the Symposium staff will assign you a roommate. Halls will be designated as male or female or mixed.

Groups: You may request to be housed with your group.

**Physical limitations:** please inform us in advance if you have physical limitations that affect your residence on campus.

**Non-campus lodging:** Numerous hotels near Vanderbilt offer discounts for Symposium attendees.

### **MEALS: UNIVERSITY DINING HALL**

The Vanderbilt dining facility offers state of the art dining to Symposium attendees. Vanderbilt policy requires anyone staying in an on-campus Residence Hall to purchase the dining facility meal plan at a very reasonable cost. The daily meal plan provides breakfast, lunch and dinner for \$28.75 per day. Each meal consists of a hot entrée, two sides, bread, dessert and a beverage. There are a lot of choices, including a salad bar. The meal plan cannot be separated into individual meals for purchase (e.g. – breakfast only; lunch and dinner only). Individuals not staying on-campus can still take advantage of the meal plan or purchase individual meals at the dining facility at their retail price per item.

**Non-dining hall meals:** There are also cafes on campus. Restaurants of all types, from fast-food and coffee shops to national chains and full service local favorites, are within walking distance.

### **PAYMENT**

**On-line:** You may complete registration and payment for Symposium fees and for lodging and meals at Vanderbilt through our secure on-line registration and your credit card.

**By mail:** You may print the registration form and fill it out, then mail it with check, money order, or credit card information. You may fill out the registration form on-line, print it, and mail it with payment.

**By fax:** You may print the registration form and fill it out, then fax it with your credit card information to 502-863-3484.

*Payment in full must be submitted by the deadlines in order to receive the time-sensitive discounts offered. Partial payments or late payments are not eligible for discount.*

### **WAIVER/RELEASE**

Please sign the Waiver/Release on the Registration Form. **Your registration is not complete without signature.**

### **CANCELLATION AND REFUND POLICY: APPLIES TO ALL FEES**

Cancellation and requests for refunds may be submitted by phone but must be formally requested in writing. Refunds may take up to three weeks to process. A cancellation fee of \$50 is retained by the Symposium and is deducted from the refund amount.

#### **Cancellation schedule**

Through February 28 100 percent refund, less \$50 cancellation fee

Through March 31 75 percent refund, less \$50 cancellation fee

Through April 30 50 percent refund, less \$50 cancellation fee

Through June 14 25 percent refund, less \$50 cancellation fee

June 15 and later no refund is available.

**INTERNATIONAL TAI CHI CHUAN SYMPOSIUM JULY 5 – 10, 2009  
REGISTRATION FORM**

<p><b>1. PERSONAL INFORMATION</b> (Please print or type)</p> <p>First name _____ Last _____</p> <p>Address _____</p> <p>City _____ State _____ Zip _____</p> <p>Phone _____ E-mail _____</p> <p>Title or profession _____</p>	<p><b>Registration for Vanderbilt Dining and Lodging on back of this form</b></p> <p>Send this Registration Form with payment to:</p> <p>International Tai Chi Chuan Symposium 73 White Bridge Road, Suite 103-335 Nashville, TN 37205 USA Fax: 502-863-3484 E-mail: registration@taichisymposium.com</p>																		
<p><b>2. SYMPOSIUM FEES</b></p> <p><b>PassKey</b> (Complete Symposium, includes Sunday eve. Grand Opening) \$740 _____</p> <p><b>Sunday Events: \$60 ea.</b></p> <p><input type="checkbox"/> Sunday Workshop 1, 10:00-12:00 (\$60) _____</p> <p><input type="checkbox"/> Sunday Workshop 2, 2:00-4:00 (\$60) _____</p> <p><input type="checkbox"/> Grand Opening and Reception 5:00-9:00 (\$60) _____</p> <p><b>Daily Pass \$160 each day</b> (all Symposium events day and evening)</p> <p><input type="checkbox"/> Monday (\$160) _____</p> <p><input type="checkbox"/> Tuesday (\$160) _____</p> <p><input type="checkbox"/> Wednesday (\$160) _____</p> <p><input type="checkbox"/> Thursday (\$160) _____</p> <p><input type="checkbox"/> Friday (\$160) _____</p> <p><b>SYMPOSIUM SUBTOTAL BEFORE DISCOUNTS</b> _____</p>	<p><b>CHECK HERE IF:</b></p> <p><input type="checkbox"/> You are registering as part of a group Name of group _____</p> <p><input type="checkbox"/> You are registering as part of a family</p> <p><input type="checkbox"/> You are under 18 on July 4, 2009</p> <p><input type="checkbox"/> You need special assistance</p> <p align="center"><b>Emergency Contact</b></p> <p><b>Name:</b> _____</p> <p><b>Relationship:</b> _____</p> <p><b>Phone:</b> _____</p> <p><b>Alternate Phone:</b> _____</p> <p align="center"><b>WAIVER/RELEASE</b></p> <p>I, the undersigned, knowingly and without duress, do voluntarily submit this form to the International Tai Chi Chuan Symposium, LLC. I do hereby assume all risk of personal, physical, or mental disabilities, injuries or losses which may result from participating in these events, and acting for myself, my heirs, personal representatives, and assignees. I hereby release the International Tai Chi Chuan Symposium, LLC and Vanderbilt University, the symposium instructors, their officers, agents, representatives, servants, employees, and all other related members from all claims, actions, suits, controversies, claims at law or in equity by reason of any matter, cause, or thing whatsoever that may hereafter sustain. I also understand that there is a risk of injury in all training and assume full responsibility for all my actions during and in connection with said symposium. I fully understand that any medical treatment given to me will be of the first-aid type only, and I consent to such emergency treatment if deemed necessary. I further consent that any photos furnished by me, or any photos/videos taken of me in connection with the International Tai Chi Chuan Symposium can be used for publicity, promotion, or television, and I waive all compensation in regards thereto.</p>																		
<p><b>3. DISCOUNT (Select only one please)</b></p> <p><input type="checkbox"/> <b>Early Bird Discounts</b></p> <p><input type="checkbox"/> Submitted or Postmarked by 15 March: 20%</p> <p><input type="checkbox"/> Submitted or Postmarked by 15 April: 10%</p> <p><input type="checkbox"/> Submitted or Postmarked by 15 May: 5%</p> <p><input type="checkbox"/> <b>Family Discount: 10%</b> (each registrant)</p> <p><input type="checkbox"/> <b>School Discount</b> (postmarked <u>before</u> June 1)</p> <p><input type="checkbox"/> 3-5 people: 10% (each registrant)</p> <p><input type="checkbox"/> 6-8 people: 15% (each registrant)</p> <p><input type="checkbox"/> 9 or more people: 20% (each registrant)</p> <p><b>DISCOUNT</b> _____</p>	<p>Signature _____</p> <p>Date _____</p> <p><b>YOUR REGISTRATION IS NOT COMPLETE WITHOUT YOUR SIGNATURE HERE.</b></p>																		
<p><b>4. SPECIAL DISCOUNT FOR PRE-REGISTRATION</b> (\$50) _____</p> <p><i>If registering by credit card this discount will be applied as a refund.</i></p>	<p><b>PAYMENT</b></p> <p>Submit payment with this form. U.S. dollars only please. Use credit card or enclose check or money order, payable to ITCC Symposium.</p> <p><input type="checkbox"/> Check no. _____</p> <p><input type="checkbox"/> Money Order _____</p> <p><input type="checkbox"/> Card no. _____</p> <p>Security code: _____ Expiration: _____</p> <p><b>Name on Card</b> _____</p> <p><b>Signature</b> _____</p>																		
<p><b>5. SYMPOSIUM SUBTOTAL AFTER DISCOUNTS</b> _____</p>																			
<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:60%;"><b>6. SEPARATE TICKETS FOR EVENING EVENTS</b></td> <td style="width:20%; text-align: center;"><b>Adult</b></td> <td style="width:20%; text-align: center;"><b>Child</b></td> </tr> <tr> <td>Sunday Grand Opening and Reception</td> <td style="text-align: center;">(\$60) _____</td> <td style="text-align: center;">(\$30) _____</td> </tr> <tr> <td>Monday Welcome Banquet</td> <td style="text-align: center;">(\$35) _____</td> <td style="text-align: center;">(\$17.50) _____</td> </tr> <tr> <td>Thursday Grand Showcase, Master's Demonstration and Cultural Exchange</td> <td style="text-align: center;">(\$32) _____</td> <td style="text-align: center;">(\$16) _____</td> </tr> <tr> <td>Friday Friendship Party</td> <td style="text-align: center;">(\$15) _____</td> <td style="text-align: center;">(\$7.50) _____</td> </tr> <tr> <td><b>SEPARATE TICKET SUBTOTAL</b></td> <td colspan="2" style="text-align: right;">_____</td> </tr> </table>	<b>6. SEPARATE TICKETS FOR EVENING EVENTS</b>	<b>Adult</b>	<b>Child</b>	Sunday Grand Opening and Reception	(\$60) _____	(\$30) _____	Monday Welcome Banquet	(\$35) _____	(\$17.50) _____	Thursday Grand Showcase, Master's Demonstration and Cultural Exchange	(\$32) _____	(\$16) _____	Friday Friendship Party	(\$15) _____	(\$7.50) _____	<b>SEPARATE TICKET SUBTOTAL</b>	_____		
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<p><b>7. ADMINISTRATIVE/FACILITY USE FEE: \$35</b> \$ <u>35</u></p>																			
<p><b>8. SYMPOSIUM TOTAL</b> \$ _____</p>																			
<p><b>9. VANDERBILT LODGING AND MEALS TOTAL</b> \$ _____</p>																			
<p><b>10. TOTAL AMOUNT DUE</b> \$ _____</p>																			

## 9. Lodging and Meals at Vanderbilt (optional)

Vanderbilt lodging and meals are managed and accounted for separately and apart from the Symposium. An administrative and processing fee will be assessed to each applicant to cover the cost of administering the lodging and meals program. Vanderbilt policy requires anyone staying in a Vanderbilt Residence Hall to purchase the meal plan.

### Lodging at Vanderbilt Residence Hall

Date of Arrival: \_\_\_\_\_ Date of Departure: \_\_\_\_\_ Number of nights: \_\_\_\_\_

Gender  Male  Female

#### Room Option (prices are per person per night)

**Single** \$33 Number of nights: \_\_\_\_\_

**Double\*** \$25 Number of nights: \_\_\_\_\_

#### Service Options (prices are per person per night)

**Linens** \$4 Number of nights: \_\_\_\_\_

**Towel Exchange** \$2.50 Number of nights: \_\_\_\_\_

**Deluxe Room Service** \$8 Number of nights: \_\_\_\_\_

**Pre-arrival service** One time fee \$10 \_\_\_\_\_

**TOTAL LODGING** \$ \_\_\_\_\_

### Lodging Preferences

\*If choosing a double room: I would like to share a room with:

\_\_\_\_\_  
*(This person must also list you as roommate.)*

I would like to be housed with the following group: \_\_\_\_\_

I have the following physical limitations: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### Meals at Vanderbilt Dining Facility

Our meal plan becomes effective on Monday, 6 July 2009 and must be purchased for each day of your stay in the Residence Hall.

**Daily** \$28.75 Number of days: \_\_\_\_\_ **TOTAL MEAL PLAN** \$ \_\_\_\_\_

I have the following dietary restrictions: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### Administrative and Processing Fee

\$ 10.00

**TOTAL LODGING AND MEALS** \$ \_\_\_\_\_

Record this amount in block 9 on the first page.